

## Assess Your Level of Involvement in Your Child's School\*

The following table will help you look specifically at your current level of school involvement. Comparing your involvement in your child's school vs. your own father's involvement in your school will quickly highlight the similarities and differences. Simply write in the appropriate number in each of the boxes. When finished, compare the results and decide if you should change your level of participation.

1 = RARELY    2 = SOMETIMES    3 = FREQUENTLY

	Your Dad	You
<b>Drop off/pick up child</b>		
<b>Attend Parent-Teacher Conferences</b>		
<b>Volunteer at School</b>		
<b>Attend Parent Association Meetings</b>		
<b>Attend Parent education events (i.e. speakers)</b>		
<b>Attend class-level events (i.e. science night)</b>		
<b>Attend whole-school events (sports, drama, clubs)</b>		
<b>Total</b>		

7 to 11 — You need to do more; try brainstorming with your partner, child, and child's teacher about more ways you can get actively involved.

12 to 17 — You're on the right track, keep going.

18 to 21 — You're actively involved, good going!

\* Based on material from *The Modern Dads Dilemma* (New World Library, 2010) by John Badalament and adapted by The Fatherhood Project.