



The
Fatherhood
Project

Connecting fathers and children



**DADS & KIDS (ages 0-5)
ACTIVITY GROUP
Saturdays at MGH Revere
HealthCare Center**

Led by John Badalament of The Fatherhood Project & MGH Revere Staff

FREE AND OPEN TO ALL FATHERS/FATHER-FIGURES WITH KIDS AGES 0-5

- Have fun, strengthen your bond, and do staff-led activities with your child
- Talk about fatherhood with special guest, Dr. Egan, Chief of Pediatrics
- Take away practical activities you can do now to build the foundation for a close, lifelong father-child relationship
- Enjoy coffee/tea & snacks, meet other local dads with 0-5 year olds

“Fathers who regularly spend time in ‘sole charge’ of their babies develop **CONFIDENCE AND SKILLS and interact with them in a much wider range of ways than other fathers. This is connected with very **GOOD OUTCOMES FOR CHILDREN**, including higher school grades.”**

SOURCES:

-Campbell, S.B. and von Stauffenberg, C., 2008. Child characteristics and family processes that predict behavioral readiness for school.

-Hoffman, L.W. and Youngblade, L.M., 1999. Mothers at work: effects on children's well-being. New York: Cambridge University Press.

EARLY POSITIVE FATHER INVOLVEMENT...

- Spending time together
- Lending emotional support
- Giving everyday assistance.
- Monitoring children's behavior
- Using non-coercive discipline
- Providing clear boundaries and expectations

LEADS TO...

- Greater academic success
- More positive social behavior
- Fewer conduct problems
- Better self-esteem
- Lower levels of depression
- Reduced contact with juvenile justice system

**TO SIGN UP CONTACT JOHN BADALAMENT:
jbadalament@partners.org
(617) 650-7058**